



PRAYER JOURNAL

January 3

2022

Prayer is a discipline that helps to shift our priorities. It puts Him first and allows us to hear His plan, receive His direction and His blessings. If you want success in your life, in your marriage, in your work—putting God first is the key.

21 Days of
Prayer

Praying

for your specific needs

Release the incredible power of prayer back into your life

Wherever you are in life or whatever your needs today, prayer can benefit you. If you are struggling with your health or finances, prayer is a powerful spiritual tool. Maybe you need guidance from God or protection for your family. Prayer is a private discipline with public rewards. It is the spiritual key in certain seasons and situations of your life. Whatever your season in life, release the power of prayer back into your needs.

PRAYER FOR YOUR FAMILY

Prayer gives you the opportunity to pray and intercede specifically for your family. It's important to pray for your children's and grandchildren's future. God is looking for men and women with fervent prayer lives who will do spiritual battle on behalf of their families!

Prayer will open your eyes to the needs of your family. The Lord will point out the needs of your family members from deep within your heart and soul, such as encouragement for your spouse or special prayer and attention for a child.

You can pray specifically for a protective covering of safety around your family. Scripture tells how Esther's people were in danger. Her uncle Mordecai discovered a plot by Haman, one of

the king's advisors, to destroy her family. Before she approached the king, Esther declared a three-day fast for God's protection (Esther 4:16).

Haman wanted to hang Mordecai on the gallows he was building in his courtyard, but God turned it around and the evil conspirator was hanged instead on his own gallows!

Praying for financial needs

If you face a financial struggle that seems insurmountable, you are not alone. Ezra faced a big problem with the silver and gold he was responsible for in Ezra 7 and 8. He had been given silver and gold from King Artaxerxes to return to Jerusalem (Ezra 7:14-17), but thieves threatened his financial security.

Maybe you feel like thieves have stolen what belongs to you financially. When Ezra faced an uncertain financial journey, he declared a fast (Ezra 8:21) and God answered his prayer! If you will pray and obey God's commandments, He said you will be blessed (Deut. 28:2).

The widow in 1 Kings 17:10-16 also faced an uncertain future. Although the woman had very little, she gave up her own food to help Elijah, the man of God. The book of Isaiah says we are called, ". . . *to share your bread with the hungry, And that you bring to your house the poor who are cast out . . .*" (Isaiah 58:6-7).

You can add a new dimension to your praying if you set aside the money you would normally use for food to help a food bank, support world missions or give to some other ministry that is helping the needy. In the story of the widow, God multiplied the meal in her barrel to last for three and a half years!

for Praying for deliverance

In Mark, chapter 9, Christ's disciples were frustrated because they could not cast out an evil spirit. Jesus said, "This kind can come out by nothing but prayer and fasting" (Mark 9:29). If you are afflicted with addictions or sin, you can go on a pray that frees you from besetting sins as referred to in Hebrews 12:1. Besetting sins are those that ensnare us and hinder us from achieving God's purpose for our lives.

Through praying we can break free from the addictions and habits that are not pleasing to God. "Is this not the fast that I have chosen; *"To loose the bonds of wickedness, To undo the heavy burdens, To let the oppressed go free, And that you break every yoke?"* (Isaiah 58:6). Christ said the key to deliverance from sin is fasting and prayer.

Maybe you struggle with the emotional bondage of depression or anxiety. Elijah also battled negative emotional feelings. When Jezebel sent word that she wanted to kill Elijah, he became distraught (1 Kings 19:4). He was depressed and even suicidal.

That's when an angel came to Elijah and instructed him to journey back into the presence of God. The Bible says that Elijah fasted for 40 days and 40 nights as he returned to Horeb, the mountain of God. God delivered Elijah from feelings of suicide and fear. He gave Him hope, courage and direction.

Prayer for guidance

Are you faced with a major life decision and don't know what to do? Maybe you have a job opportunity . . . a broken relationship . . . or an unfulfilled dream. Praying can help you clear away the clutter of life and discern God's voice.

Saul was going the wrong direction in life. He was hunting down followers of Christ and persecuting them when the light of God's truth knocked him off his path (Acts 9:3-6). Saul headed to Damascus and *"was three days without sight, and neither ate nor drank"* (Acts 9:9). He didn't know what to do, but he fasted for God's divine direction. Then God sent the disciple Ananias to him with guidance (Acts 9:17). Through this process Saul became Paul, one of God's chosen apostles. Through praying, Paul received the direction he needed and so can you.

When you don't know what to do or when you face a daunting decision, that's when you need to pray fervently for God's direction.

Praying for health and healing

The Bible gives us a perfect example of how denying ourselves physically can bring good health. It is the story of Daniel and his peers in Daniel 1. The "Daniel Fast" is a fast from meats, sweets, breads and any drink but water for 21 days (Daniel 1:12; 10:2-3).

This pray is a partial and a prolonged that yields health and healing. Daniel and three others refused to eat the king's meat and they *"appeared better and fatter in flesh than all the young men who ate the portion of the king's delicacies"* (Daniel 1:15). Daniel and his men were healthier! If you have a physical problem, fast for healing. According to Isaiah 58 *"your health will spring forth speedily."*

Praying for our nation

When Samuel took over as priest and judge over the nation, he declared a pray for national revival. Samuel told the people to

fast and seek God to return His presence to the nation (1 Samuel 7:3).

Our society today critically needs believers who will pray for revival. *"If my people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from Heaven, and will forgive their sin and heal their land"* (2 Chronicles (Acts 9:9).

PRAYING FOR THE LOST

John the Baptist and his disciples prayed often, according to Matthew 9. He was on the Nazarite diet, which he didn't drink alcohol all the time. He ate little more than locusts and wild honey (Matthew 3:1-4). Because of John the Baptist's constant praying, I believe he had a greater testimony and influence on the lives of people in his generation than any other man (Matthew 11:1, John 1:6-7).

If you and I want to win the lost in our communities, in our nation and around the world, we must do spiritual warfare through prayer. When you deny yourself and focus on God's will through prayer, He will begin to open doors of evangelism in your life.

Journal: Write your Goals for this Prayer.

What are you asking of God?

What do you expect to get out of it?

Day 1: Consecration

“Draw near to God and He will draw near to you. Cleanse your hands, you sinners; and purify your hearts, you double-minded. . . . Humble yourselves in the sight of the Lord, and He will lift you up” (James 4:8,10).

Prayer for the Day: Lord, sanctify me. I need You. Nothing else will satisfy me. Fill me with the Holy Spirit today. I want to be baptized in the Spirit. I want to walk in the Spirit. I want to talk in the Spirit. I want to live in the Spirit. I’m tired of living where everybody else is. I don’t want to be like everybody else. I’m coming up higher after You. I’m going to seek You with all of my heart.

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Day 2: Guidance

“Your ears shall hear a word behind you, saying, ‘This is the way, walk in it,’ Whenever you turn to the right hand Or whenever you turn to the left” (Isaiah 30:21). “The steps of a good man are ordered by the LORD, and he delights in his way” (Psalm 37:23)

Prayer for the Day: Father, You have a perfect plan for my life. I ask You to give me knowledge of the path that You want me to walk that I will not miss Your will. Thank You. God, you know where I am. You planned my life before I ever showed up; I ask for Your perfect will now. Show me your way and direct my life, giving me guidance beyond my mind into your perfect will. I ask you for it, I receive it and I believe it. I worship You, Father. I thank You that You are going to guide me, lead me, walk beside me. I will be led by Your peace. I will delight in Your way, O God.

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Day 3: Strength

"I can do all things through Christ who strengthens me" (Philippians 4:23).

Prayer for the Day: Lord I'm Yours. Oh, I need thee every hour. I really need thee. I offer you my weakness "for your strength is made perfect in my weakness..." (II Corinthians 12:9). Empower me to stay strong through the physical challenge of the fast and to grow stronger in my faith. All I need is You. You alone are my Strength, O God. Thank You, Lord Jesus that You are touched with the feeling of my infirmities. You see the struggles in my life, and You know how they have shaken me. They've not shaken You, Lord. Free me from every fear, every limitation, from drawing back, from intimidation. You are my Peace, my Strength.

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Day 4: Sanctify Yourself

"So it was, after three days, that the officers went through the camp, and they commanded the people, saying, 'When you see the ark of the covenant of the Lord your God, and the priests, the Levites, bearing it, then you shall set out from your place and go after it. Yet there shall be a space between you and it, about two thousand cubits by measure. Do not come near it that you may know the way by which you must go, for you have not passed this way before.' And Joshua said to the people, 'Sanctify yourselves, for tomorrow the Lord will do wonders among you'"
(Joshua 3:2-5).

Prayer for the Day: Thank You, Lord. God, I ask You to sanctify me as I push back my plate and as I pull away from the TV and read Your Word during this period of fasting. Cut off the works of the flesh. Cut them off so I can be used for your glory. I seek Your face. I'm hungry for You. Lord, I want to feel conviction again. I need to raise my standard. Convict me of it. I lay down, "Every weight that does so easily beset me" (Hebrews 12:1). I need your touch. I'm coming after You. There's a dream in me. There's a call for my life. I'm going for it.

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Day 5: Freedom from Condemnation

“For God sent not his Son into the world to condemn the world; but that the world through him might be saved. He that believeth on him is not condemned: but he that believeth not is condemned already, because he hath not believed in the name of the only begotten Son of God” (John 3:17-18).

Prayer for the Day: Lord, I want to go beyond courtyard kingdom living, and move into that “intimate” place with You. I have carried tremendous guilt and condemnation, but your promise is, “Therefore now, there is no condemnation to them that are in Christ that walk not after the flesh, but after the Spirit” (Romans 8:1). I worship You, God. I’m entering into Your rest this day. I receive supernatural peace. I thank You, my Father. No condemnation, no guilt, no shame, Jesus, You are my righteousness. Thank You for dying for me. Thank You for the cleansing power of Your blood that gives me confidence toward God. Thank You for loving me while I was yet a sinner. Oh, I bless You Lord, I bless You Lord.

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Day 6: Wisdom in Parenting

“All your children shall be taught by the LORD, And great shall be the peace of your children” (Isaiah 54:13).

Prayer for the Day: Father, I know that only homes with Christ positioned in the middle of every day living will succeed in this wicked time. I need You, Lord, in order for me to be the man/the woman that You call me to be in my home. Give me wisdom to create a place of physical rest and of spiritual rest where my family can bring a crisis and lay it on a “bed” of faith. Help me to communicate with my spouse and my children. Your Word is a lamp unto my feet and a light unto my pathway. God, we really need You in our home. We need a little church in our home. God, I give You everything; take my home; take my family; take my future; in Jesus’ Mighty Name.

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"And they said, Believe on the Lord Jesus Christ, and thou shalt be saved, and thy house"
(Acts 16:31)

[illegible]

"Therefore a man shall leave his father and Mother and be joined to his wife, and they shall become one flesh" (Genesis 2:24).

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Day 9: Finances & Provision

“The LORD will open to you His good treasure, the heavens, to give the rain to your land in its season, and to bless all the work of your hand. You shall lend to many nations, but you shall not borrow” (Deuteronomy 28:12).

“And you shall remember the LORD your God, for it is He who gives you power to get wealth, that He may establish His covenant which He swore to your fathers, as it is this day” (Deuteronomy 8:18).

Prayer for the Day: Father, I thank You that You are my source of supply. I thank You that You know how to break bondages off your people. Help me to attack my lack by applying the wisdom of Your Word. Oh God, You said, “I’ll bless the work of your hands.” I’m going to pay my debts and live on the rest. I ask You that the anointing of the Holy Spirit break every yoke of bondage, break the yoke of borrowing, break the yoke of overspending from my life. I decree that this is the year of the Lord’s release. I receive it and thank you, Lord. Father, in the Name of Jesus, I thank You that You will bring increase and cause me to profit even right in the middle of a famine.

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Day 10: Career

“And when he had called the people unto him with his disciples also, he said unto them, Whosoever will come after me, let him deny himself, and take up his cross, and follow me” (Mark 8:34).

Prayer for the Day: Father, in the Name of Jesus, I come to You today, and I want to be a cross bearer in the marketplace. I want people to see You through me. I want You to anoint me with a kingly anointing. I receive this high call that is just as sacred as the call to preach. I understand my purpose and I WILL go into the marketplace with a fresh anointing. In my job I will carry Your cross. In unseen and unspoken ways, people will know there’s a difference on my life. I receive that anointing right now as I dedicate myself to You. Use my life for Kingdom authority. Help me to be a culture changer where I work. Help me to change the culture in my workplace until it’s actually abnormal for somebody to take Your Holy Name in vain...not because I preached a sermon to them, but because Jesus has shined through me into that darkness. I give You the praise for that Lord. In Jesus’ Name I will not fail You in my calling.

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Day 11: Pastors

“Let the elders who rule well be counted worthy of double honor, especially those who labor in the word and doctrine” (1 Timothy 5:17).

Prayer for the Day: Father, I pray for our pastors, for their wives and for their precious children. In Jesus’ Name, Lord, Let Your Kingdom come, let Your will be done in their lives and in my church as it is in Heaven. I pray for my church. I pray for every ministry and for every pastor to be led by Your Spirit and to walk in peace. Lead them not into temptation, but deliver them from evil. Anoint them with fresh oil. Your anointing makes the difference. Your anointing breaks yokes. Thank You for Your precious anointing, Holy Spirit. I stand against every spirit of division, in Jesus’ Name. Touch our pastors, Lord. I pray that You bring a spirit of unity to our church. Father, I ask You to release Your glory in our church, in Jesus’ Name.

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Day 12: Protection

“He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty. I will say of the LORD, He is my refuge and my fortress: my God; in him will I trust” (Psalm 91:1-2)

Prayer for the Day: Lord, I want You close in my life; I want to be under the shadow of the almighty. You are my refuge. You are my fortress. You are my God. I will not be afraid. I will not fear because I will call on that Name that is above every Name, JESUS. Lord, teach me to appreciate my life in this season. Help me to quit looking into the future, never living in the now. You will be with me in the day of trouble. I worship You, Jesus. Thank You for the blood path right into the secret place of the Almighty. You lift me out of depression, out of unfounded fears, out of the strike of the adder and the attack of the lion. I praise You, Lord. I praise You. I worship You, oh God. Lord, I enter into that tent where every provision is made...even for protection from fears and protection for my family. You are worthy, Lord. I worship You, Jesus. You are my refuge, You are my fortress, You are my strong tower, Jesus. Whom shall I fear?

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Day 13: Health

"For I will restore health to you, And heal you of your wounds," says the LORD" (Jeremiah 30:17).

Prayer for the Day: Lord, thank You that You are our Healer. You were wounded for our transgressions and You were bruised for our iniquities. Through Your stripes we are healed! And Lord, I just claim miracle healing in my life and the lives of my loved ones. I worship You, Jehovah-Rophe, the God that healeth. Your Words *"are life unto those that find them, and health to all their flesh"* (Proverbs 4:22). Thank you for sending your Word to heal me. *"...my Hope is in you God: for I shall yet praise You, You are the HEALTH of my countenance, and my God"* (Psalm 43:5). I give you praise and thank You today that my body is being healed by the life-giving power of Your Word, in Jesus' Name! Thank You, Lord.

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Day 14: Worship

"But the hour cometh, and now is, when the true worshippers shall worship the Father in spirit and in truth: for the Father seeketh such to worship him" (John 4:23)

Prayer for the Day: Father, I humble myself before You today to seek Your face. I repent for Complacency in my worship. I repent for being content in my worship. I repent. I'm not "face to face" with You like Moses was, but I do want to know You more intimately. Like Paul said, "I have not apprehended." I'm not satisfied. I'm hungry for You, O God. I love you and I praise You, Lord. Worthy! Worthy! Worthy are You, Lord! Blessed be the Name of the Lord! Oh, God it all flows out of You; I'm coming after You. You are my Reward, not success, not material things. You exceed all of those things! In Your presence is fullness of joy. If I am in Your presence, then I get joy. Out of that joy comes strength. Out of that strength comes spiritual warfare to resist the devil, and he flees from me. I want to be close to You more than anything. Here I am. I give You my all. I give everything to You. Thank You that in Jesus' Name, I enter into Your rest, enter into Your peace, and enter into Your grace. I worship You Lord. I worship you. Hallelujah!

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Day 15: Release, Restoration

"Turn ye even to me with all your heart . . . with fasting and with weeping . . . I will restore to you the years that the locust hath eaten, the cankerworm, and the caterpillar, and the palmerworm. . . ye shall praise the name of the LORD your God . . . and my people shall never be ashamed"(Joel 2:12, 25-26).

Prayer for the Day: Father, in Jesus' Name I humble myself before You in fasting. Thank You for releasing me from my past & forgiving all my sins. Thank You for restoring my life and giving me the reward of eternal life. I give You praise and glory and honor. Bless Your people as we continue to fast and pray. Bring the "spirit of release" causing Your people to walk in financial freedom. "Release" our loved ones. "Release" those that are bound by fear, depression and abuse. Release those bound by nicotine, glut-tony and other addictions. Release them from all bondage. Loose the bands of wickedness. Undo the heavy burdens. Let the oppressed go free. Release our families from every shame and guilt. Thank You that the wicked bands will be broken! Hallelujah! Lord, the palmerworm has attacked the roots of Christian heritage in our families. But You said, "I will RESTORE THE FAMILY TREE OF FAITH!" I give You praise. My family IS GOING TO WALK IN THE SPIRIT! Oh Hallelujah! Father the greatest "reward" is You. Thanks for the stuff, but we're fasting for more of You. You are our Reward and our exceeding greatness. We praise You, Jesus. Glory to God!

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Day 16: Revival

"If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land" (II Chronicles 7:14).

Prayer for the Day: Father, I come to You today once again to lift up this nation, offering prayer and supplication. Once again, I ask You, Lord for Your will to be done in this nation and around the world. I plead the Blood of Jesus over all nations! In Jesus' Mighty Name, I stand against all the weapons of the enemy, the plans and strategies of terrorism against our nations. I ask for a covering over our military and our representatives. I plead the Blood of Jesus and release the angels of the Lord around their paths. Guard our borders, Lord. Touch our leaders. I ask you, O God, to visit them and give them dreams and visions that stir their hearts toward You as never before. I pray for those in the inner circle of power that You would turn their hearts to walk in Your wisdom. I ask for Your mercy on us! Forgive us for we have sinned against You as a nation. We need a sword that will cut through the homosexual obsession. We need a sword that will cut through the lies of abortion! We need a sword! God, let the fire burn in the churches, and in our lives until we get a sword in our hands! Purge us, cleanse us; heal our lands we pray in the mighty Name of Jesus Christ, the Son of God, the strong and mighty One! The One mighty in battle! Jesus, we worship You. Pour out Your Holy Spirit upon our nations, in Your mighty name. Amen.

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Day 17: Victory

“For whatsoever is born of God overcometh the world: and this is the victory that overcometh the world, even our faith” (1 John 5:4).

Prayer for the Day: Father, I’m making a choice. I’m going to “put on the garment of praise for the spirit of heaviness.” Lord, You said, “Sing, Oh barren one.” So I will sing to You, God, even when it looks like I don’t have anything to sing about. I will give You songs of deliverance and praise, O God. Glory to Your Name, Jesus! I will keep on praying. I will keep on praising. I will keep on living for You, God. My faith is overcoming. I’m never going to get tired of fighting the flesh and the devil until I make it through the pearly gates of Heaven. I am an overcomer. My faith makes me an overcomer, not my feelings. You are with me now as You have been and forever shall be. I praise You for total victory. I’m driving the devil out. Praise God. I’m tired of mixing the Word with everything else and not having the strength in me to overcome anything. I am making a choice to praise You in all things.

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Day 18: Prayer

“Abide in Me, and I in you. As the branch cannot bear fruit of itself, unless it abides in the vine, neither can you, unless you abide in Me. I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing” (John 15:4-5).

Prayer for the Day: Father, if Your Word abides in me, I can ask what I will and it shall be done. I don’t want anything in my will that You don’t have in Your will for my life. Father, in the Name of Jesus, I just lay everything on the altar today. Everything I know I just lay it on the altar and say, “If it is Your will Lord.” I say again, “Not my will, but Your will be done in my life.” I’m asking You, Father, to put on me a new mantle for prayer. Teach me how to abide in Your presence every day. And Father, in the Name of Jesus I just thank You for authority to decree a thing and it shall come to pass.

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“But whoever has this world’s goods, and sees his brother in need, and shuts up his heart from him, how does the love of God abide in him? My little children, let us not love in word or in tongue, but in deed and in truth” (1 John 3:17-18).

[illegible]

"Have you not known? Have you not heard? The everlasting God, the LORD, The Creator of the ends of the earth, Neither faints nor is weary. His understanding is unsearchable. He gives power to the weak, And to those who have no might He increases strength" (Isaiah 40:28).

[illegible]

Day 21: The Lost

“And He said to them, ‘Go into all the world and preach the gospel to every creature’ ”
(Mark 16:15).

Prayer for the Day: Lord, here I am, send me. Use me. Witness through me. There’s a “field” in my home. There’s a “field” in my neighborhood. There’s a “field” on my job. There’s a “field” in this city. There’s a “field” in my family. Oh God, forgive me for not praying; forgive me for not witnessing. Forgive me for not really believing that I can “reap a harvest” for You. Forgive me for not believing that You can use my influence, my affluence, everything that I have to reach the lost for Your glory right where I am! Father, I ask You to use me as a light to a dark dying world. I give You glory and I give You praise for all that You will do through me!

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Write down the names of the people that you want to see SAVED this year & commit to pray for them.

My Family

My Friends

Write down the changes you experienced through this Prayer.

Write down the challenges you encountered and how you overcame them.
